

# Mountains of Hope

## Final Mini-grant Summary 2018-2019

Group/Organization Implementing Project: New River Health Association

Name of Project: Appalachian Pulmonary Health Project NRHA

Project Coordinator: Angela Barker

- **Project** – This project will send APHP Respiratory Therapists to join with school health educators and school health teachers to deliver the national "Catch My Breath" curriculum (catch .org) to teach students about the hazards of vaping and develop knowledge and strengths to avoid "first use".
- **Aim(s) addressed:**
  - AIM 2: Reduce the use of tobacco products and electronic nicotine delivery systems
- **How many people were reached:** 259
- **Evaluation method:** number of people reached, pre/post test
- **Evaluation results:**
  - 4 schools
  - 259 students
  - 62 classroom sessions
  - 980 instructional contacts
  - Evaluation forms for all 62 classroom sessions